

PROSPERITY

Ask and you shall receive



Use these tools to activate your power, remember your goals, and appreciate your gifts.

TOOLS NEEDED FOR YOUR JAR

1. A clear jar (or container that displays well)
2. Coin/money. Or Something highly valuable to you that will fit in your container (ex: jewelry, heirloom, gift)
3. A scent Stick: could be cinnamon, incense, palo santo, mini smudge stick
4. Paper or leaf you can write on.
5. Something green (crystals, etc).
6. Pen or marker
7. Journal and handout (handout is a calendar)

Each of these items can be found easily found around your home, or feel free to buy a new item for your jar.

HOW TO USE THE CALENDAR

- Keep your calendar and jar where you will see it.
- Reconnect with your items, embody your intention with a deep breath in and mindfulness practice
- Close your eyes, hold your jar, and announce your affirmation in present tense (EX: "I am wealthy")
- Every time you receive a gift from the universe, mark it in your calendar with your symbol of gratitude.
- Look back on your month to see how often you have been receiving gifts.

SYMBOL OF
GRATITUDE:

MY AFFIRMATION:

MARCH 2021

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			