



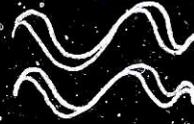
Sisterhood Spell Circle Presents:

Moon Magic Guide

February 2021

New moon in aquarius

Created by Maggie and Bella



What's Going on Astrologically?:

The New Moon occurs when the Sun and the Moon are aligned, so we become unable to see the Moon. This month's New Moon falls in the sign of Aquarius, so you can also think of this New Moon as a Sun-Moon conjunction in the sign of Aquarius.

As you might remember from our monthly astrological forecast, the Sun and Moon aren't the only planets in Aquarius right now! In fact, in addition to the Sun and Moon, we have Mercury, Venus, Jupiter, and Saturn in Aquarius. Talk about *a lot* of Aquarian energy! To make things even more charged, these planets in Aquarius are currently forming a square to Uranus, the planet associated with Aquarius in modern astrology.

Aquarius is known for themes like rebellion, disruption to structure, intellectualism, high-minded ideals, social issues, and humanitarianism. So, for this New Moon, all of these themes will be our focus.

In addition, Venus and Jupiter will be conjunct on the same day as the New Moon. Perfect for Valentine's Day/ Lupercalia, this aspect can bring luck and expansiveness to matters of love, friendship, and our personal values.

Themes:

All of these energies combined make this New Moon a fantastic time to focus on the structures we have in our lives, and how we align with our personal values.

This is a great time to consider questions like:

Are our relationships in alignment with our values and what we want out of life?

Do we have a work-life balance that satisfies us?

How do we structure our days to ensure that neither our relationships nor our values fall by the wayside?



Ritual:

An intention-setting ritual for setting healthy boundaries and honoring your own needs in your relationships.

Why boundaries?: The themes of relationships, structure, and values are incredibly prevalent right now. Setting healthy boundaries that align with your values is essential for creating relationships that help you grow as a person.

When: Around the Aquarius New Moon, ideally between February 9-15

What you'll need:

Pen and paper

A candle

A dried flower or herb you associate with relationships (ideas: rose, oregano, or daisy)

Get comfortable in a quiet place where you won't be disturbed.

Light your candle.

Sit quietly and close your eyes.

Begin to focus on your breath,

paying attention to your chest and belly as they rise and fall with your inhales and exhales.

Once you've reached a meditative state, call in a spirit, guide or deity that you associate with relationships. Let the words come to you. Some example spirits for inspiration are Aphrodite, Freya, Saint Priscilla, and the spirit of the dove. An example of something you might say could be:

"Aphrodite, goddess of love, beauty and pleasure.

I invite you to be present with me now.

Watch over me as I work, and fill me with your essence."

Take out your pen and paper, and answer the following journal prompts:

What are three things I absolutely need in my relationships?

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What needs fixing in my relationship with myself?

What is one step I can take in my relationships with others to help me better honor my relationship with myself?

Take your answer to prompt #3 and condense it into one sentence. On a separate piece of paper. Write that sentence out and draw a box around it.

Take the herbs or flowers you chose and hold them in your hands. Focus your mind on feeling their essence on your skin.

Sprinkle the herbs or flowers over the paper on which you've written your intention, saying:

"I honor myself as I honor thee,
The people who are dear to me.
{the sentence you wrote on the paper}."

Close your eyes and meditate on your intention for as long as you feel called to do so.

When you're done, blow out your candle, envisioning your intention circling up to the universe in the curls of smoke that unfold.

Finally, fold the piece of paper on which you've written your intention so that the herbs you sprinkled are enveloped within it. Bury this piece of paper in the soil, either outside or in the soil of one of your houseplants.